

Magic tools for life
Helping young people create happy and amazing lives

Magic Rules

- 1 What you focus on grows
2 Like attracts like!
3 Focus on what you want
4 It's all about you
5 Live in the "now"
6 You can create your life
7 Life is magic

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My Rights Chart



...the right to create a magic vision – and go for it!
...the right to love myself (or even like myself a lot!)
...the right to let go of my old beliefs.
...the right to say "yes" or "no" (with respect to the

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It's All About Four Feelings



Magic tools to overcome bullying

and other
stressful
stuff!

An easy guide for teens and tweens to reclaim
their self-esteem and create an
awesome life!



MAZ & RAY FELLOWES

Magic tools to overcome bullying

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A one-stop-shop to bring harmony to the classroom
and empower your students for life!



TEACHERS' GUIDE

Magic tools to overcome bullying

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awesome life!



AUDIOBOOK EDITION

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